

# COVID-19 Vaccine and Pregnancy

**Are you pregnant or planning to become pregnant? COVID-19 vaccines are safe and protective for you and your baby.<sup>1</sup>**

## **If you are pregnant, you are at higher risk for severe COVID-19**

Pregnant people are at higher risk for getting very sick with COVID-19 than people who are not pregnant.

## **If you contract COVID-19, it may complicate your pregnancy**

Pregnant people who contract COVID-19 are at higher risk for pregnancy complications such as high blood pressure, bleeding disorders, death, and stillbirth.

## **If you are pregnant, you may receive the COVID-19 vaccine**

Pregnant and lactating people may receive any of the three COVID-19 vaccines currently authorized for use in the U.S. For more about vaccines currently available in California visit our [Get the Facts on Vaccines](#).

## **The COVID-19 vaccine may provide your baby some protection from COVID-19**

Recent studies show that vaccinated pregnant people pass antibodies to their developing baby in the womb, so the baby is born with some protection from day one.<sup>2</sup>

## **COVID-19 vaccines are effective**

These vaccines use a small piece of the virus that can't cause infection, but triggers an immune response in the body – causing the body to produce protective antibodies. The vaccines DO NOT contain live virus, so CANNOT give someone COVID-19 disease. All three vaccines are very protective<sup>3</sup>.

## **COVID-19 vaccines are safe for you and your baby**

CDC followed more than 35,000 people who were vaccinated during or just before pregnancy. Based on this information, and also based on what is known about how these vaccines work and their ingredients, researchers have found no obvious safety concerns for pregnant people receiving the COVID-19 vaccine.

## **Other considerations for vaccination during pregnancy**

As with everyone who receives the COVID-19 vaccine, pregnant people may experience side effects such as body aches, chills, and tiredness – these are normal for everyone. Consult your doctor about any concerning side effects.



### **More Information**

Visit this document on the CDPH website

<sup>1</sup>Read our full [Guidance for Vaccination during Pregnancy](#).

<sup>2</sup>See the CDC's [COVID-19 Vaccines While Pregnant or Breastfeeding](#).

<sup>3</sup>See [Get the Facts on Vaccines](#).

