



WHAT CAN FAMILY PACT DO FOR YOU?

What is the Family PACT Program?

The **Family Planning, Access, Care, and Treatment (Family PACT) Program** is a comprehensive family planning services program that provides contraceptive and family-planning related services, together with client-centered education and counseling at no cost to California's low-income residents of reproductive age.

The overall goal of the Family PACT Program is to ensure that low-income Californians have access to health information, counseling, and comprehensive family planning services to reduce the likelihood of unintended pregnancy. Family PACT gives individuals the tools needed to establish the number, timing, and spacing of their children and to maintain optimal reproductive health.



What services are provided?

Confidential family planning visits for birth control counseling and methods that include:

- » All U.S. Food and Drug Administration (FDA)-approved contraceptive methods and emergency contraceptives.
- » Prevention, screening, and treatment of most sexually transmitted infections (STIs).
- » HIV testing and counseling.
- » Management of urinary tract infections (UTIs).
- » Limited fertility services.
- » Specified reproductive health screening tests
- » Limited cervical cancer screening and treatment of pre-invasive cervical lesions.
- » All Family PACT services are available at no cost to you if you are enrolled in the Program.



Who is eligible?

Individuals of all ages who:

- » Are residents of California.
- » Have a medical necessity for family planning meaning you are able to get pregnant or cause a pregnancy.
- » Have a taxable income at or below 200 percent of the federal poverty level.
- » Have no other health care coverage that covers family planning services.



How do I sign up?

Applying for Family PACT is easy. You can find a provider near you by visiting the [Family PACT website](#) and clicking on the “[Find Providers](#)” button in the upper right corner. When you get to a clinic, a staff member will talk to you to find out if you are eligible for Family PACT. You will need to fill out a form called the [Client Eligibility Certification \(CEC\) form](#). Talk to your Family PACT provider if you have any questions about the form. If you are eligible, you can become a Family PACT client the same day. It’s that simple!



What happens once I become a Family PACT client?

- » You can get family planning services for a whole year unless something changes, like if there is a change in your income or you become pregnant.
- » Each time you go for a visit, your provider will ask you if any of your information has changed to make sure you are still covered by Family PACT.



What if I don’t want others to know I’m using family planning services?

You can still enroll in Family PACT, as long as you meet all the eligibility requirements. Signing up for Family PACT is confidential, and so is the care you get. This means that no one has to know about your family planning services if you do not want them to know. You don’t need anyone’s consent to use Family PACT services if you are age 12 and over.



What happens if I get pregnant?

If you get pregnant, you will not be covered by Family PACT until you are no longer pregnant, but your provider can check to see if you are eligible for [Presumptive Eligibility for Pregnant People \(PE4PP\)](#) under Medi-Cal.



What about other health care needs?

Family PACT only covers family planning and related services, but you may have other health care needs. You may qualify for [Medi-Cal](#) or [Covered California](#). Talk to your provider about options that could work for you.

What birth control methods does Family PACT cover?



Intrauterine Device (IUD)



Birth Control Implant



Birth Control Pill & Emergency Contraception Pills



Birth Control Patch & Vaginal Ring



Birth Control Shot



Diaphragm, Cervical Cap, & Sponge



External & Internal Condom



Spermicides



Natural Family Planning & Fertility Based-Awareness Methods



Permanent Birth Control (Tubal Ligation & Vasectomy)

Did you know?

1/2
OF ALL
PREGNANCIES
are unplanned.

8/10
OF ALL TEEN
PREGNANCIES
are unplanned.

Some birth control methods work much better than others:



- » Some methods, like IUDs and implants, work very well no matter what.
- » Other methods work well only if you use them the right way every time.

Emergency contraception (EC) pills can help prevent unplanned pregnancy after unprotected sex.

- » Some people call EC pills the “morning after pill.”
- » It works best the sooner you take it (within 5 days).
- » EC pills will not cause an abortion if you are already pregnant.
- » EC pills are not the same as the medicines used for medication abortion.
- » You or your sex partner can also get several types of EC pills at a pharmacy or drugstore without a prescription, parental consent, or identification document (ID), regardless of age.



© 2024 California Department of Health Care Services, Office of Family Planning. All rights reserved. Revised July 2024. For more information, scan the QR code, visit www.FamilyPACT.org or call 1-800-942-1054.